



*Helping You Create an Image
That Is Uniquely You!*

Orene Kearn, JD, AICI, FLC



Dear Orene,

For spring and summer (and going into next fall), the theme seems to be: "What's Old is New Again" or "Back to the Future".

The '70s and 80s are back in fashion and are very current. Many of us are of the mindset that if I wore it the first time around, I can't wear it the second time around. We worry that it makes us look dated or frumpy. I don't agree.

How do we wear these styles now? The answer is to make sure that everything else feels modern, so that only one piece of your outfit has that "70's vibe". If you overdo it, it will look costume-y, or God forbid, like you have had all of these items in your closet for a long time.

But, please follow at least one of my two rules:

1. Pick only one item to wear from these trends from the '60s, 70s and 80s - don't wear the look head to toe.
2. Select a toned down version of the trend - one that isn't "over the top".

Please check out my comments below on a potential new trend below -- *the mutton sleeve*, and let me know what you think.

As always, I am here to help you navigate the world of fashion so the best choices end up in your wardrobe. So [contact me](#) and we'll get started.

Enjoy!
Orene

MY EDITED VERSION OF THE TOP TEN SPRING/SUMMER TRENDS:

1. The BoHo Look is stronger than ever. If you are a "BoHo" gal (and you know who you are), you will be in heaven with the wide variety of BoHo looks to choose from. The CUSP Department at Neiman Marcus sent out an email with the subject line: "BoHo head to toe: tops, jeans, shoes". Don't do it! I think even for Millennials this is way too much! If you are over 40, please remember my rules from above.



Here is another headline on an email I received: "Haute Hippie's twist on boho glam". This is an oxymoron. Looking glamorous (think Old Hollywood) and looking Bohemian are very different looks! So, the marketing people are putting labels on outfits that can be strange.

2. Slit Skirts. These were all over the New York shows during Fashion Week for next fall. Some of these slit skirts take confidence to wear and are quite daring - high and wide. However, most of them are more modest (or you can make them so). The slits can be in the front, side or the back, but are commonly over a thigh that shows your skin when you walk. The lengths on these are typically long or mid-calf.



3. A-Line Skirts.

These skirts are flattering to most body types. Remember the DVF wrap dresses? They are very current now.

4. Shoes. Thick platform sandals so that your feet are fairly level is back in style. These are so comfortable! Also, they are showing sandals with an athletic style sole. Espadrilles are everywhere -- this goes along with the "natural" look.



Platform Sandals

6. Flared pants and jeans. These are flattering on most body types. If the big flare is too much for you, a modest boot cut pant is here to stay, which is great for most of you hourglass and triangle body types.

7. Fringe on everything and anything.

This trend continues and looks fresh in the new ways it is showing up.

8. Earthy Colors are everywhere. This goes along with the 70s trend. If these are in your color palette, go for it!

9. Gingham is back - Anyone over 40 should be careful about wearing this, unless you can pair it with something edgier.



10. Cropped Tops. If I was in my 20s and maybe my 30s, I'd go for this. Otherwise, I would find a style of cropped top that slightly overlapped with my skirt or pants, or tame it by wearing a monochromatic tank underneath it.



A-Line Skirt in Earthy Color

Karl Lagerfeld, of Chanel, made the following comments about showing the midriff that I find very interesting:

"The new cleavage is the stomach," he said. "Now we go a bit lower (below the bust), and it (the stomach) is even more difficult to keep in shape."



11. Belts around the waist are a big focus. Try using a belt or a tied sash to emphasize your waist.

MUTTON SLEEVES THE NEW TREND?

The Wall St. Journal recently published an article talking about how certain fashion designers have the power to launch a new trend. The fashion designer, Nicolas Ghesquiere, at the Louis Vuitton Fall 2015 runway show, showed a new sleeve which is narrow at the wrist and blossoms up and out at the shoulder - often referred to as a "mutton" sleeve. Other designers were also showing variations of this mutton sleeve. I really like this type of sleeve so long as it is not too exaggerated, as it has a romantic look to it and flatters several body silhouettes.

The writer of the article feels that Mr. Ghesquiere (formerly of Balenciaga) comes up with styles that often go viral, such as the fact that he ignited the gladiator sandal trend and the idea of using neoprene material for dresses.



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Sometimes you may feel that you are in a fashion rut or that you are looking frumpy and it is time to look more up-to-date. You may not have much time nor inclination to figure out how to put together items you already have in your closet in a new way. Being busy doesn't always allow you time for shopping. Or, perhaps you don't know where to shop to maximize your dollar.

Wouldn't it be helpful to have an expert who can help you with all of this? If you are ready to take some action, schedule a free initial conversation with me by [clicking here](#) and we can explore your challenges and goals.

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