



Orene Kearns, JD, AICI FLC  
650-245-0380

[orene@orene.net](mailto:orene@orene.net) [www.orene.net](http://www.orene.net)

 Forward to a Friend

## **UNIQUELY YOU** *Poolside Confidence* *Wearing White is Stylish*

Dear Orene,

My delay in sending this out is that my husband and I were in Turkey and then London for two weeks. We had a wonderful time. We did see protestors going to and from Taksim Square in Istanbul.

In packing for such a varied trip (beach to city, hot to cool), I pulled out and relied on my **Special Packing Issue of Uniquely You** - and it was such a great help and reminder. For any of you traveling, I recommend you look at it as a reference. One of the most important tips: if you are going sight-seeing or walking a lot, it's important to have two pairs of comfortable walking shoes so you can alternate. Wearing the same shoes too many days in a row can cause problems.

As soon as I returned, I had back surgery. I am recovering very well and, for the first time in about 1 ½ years, I don't have sciatic pain.

*Fashionably speaking*, it is a good thing I have several soft, cute shift-type dresses because I am unable to wear pants or anything that rubs or rests where the incision is healing on my lower back. For any of you having any kind of medical procedure, it is

**important to think ahead about what would be comfortable to wear afterwards.**

**What do you wear to a gathering at a beach or pool? Here are some helpful styling tips, whether you choose to swim or not.**

**Enjoy!**

*Orene*

### **Wearing White is Stylish**

While "color" may be getting the fashion press, classic white is a huge color this summer. The fashion magazines have been showing white pumps with colorful dresses. Although I touched on it in my last newsletter, here are some ways to bring white into your wardrobe:

**1. A soft white linen blazer** is great with jeans and tees or layered over a dress.

**2. A creamy white crocheted oversized sweater** can be belted with a white patent belt for a fun mix of textures.

**3. A clean white watch face and watchband** is great for summertime or it could be worked into your style all-year-

## **In This Issue**

[Wearing White is Stylish](#)

[Poolside Confidence](#)

[Complimentary Chat with Me](#)

### **Poolside Confidence**

The words "poolside" and "confidence" don't seem like they go together, right? The anxiety of accepting a pool party invitation will vanish when you read these helpful styling tips for fun under the sun.

#### **Pick a color scheme**

Look in your closet first and write down the colors you see. Take that with you when you go shopping for your bathing suit. The colors that you are already comfortable wearing could be represented in your new bathing suit.

#### **Review your hair, skin and eye colors**

Bathing suit shopping can be overwhelming when you walk into the department and see lots of bright, wild colors. Focus on finding one that repeats or compliments your hair, skin, or eye colors. Already you'll feel more attractive in a bathing suit.

#### **Push the envelope**

Take what you know about your colors and put them in



long.

#### 4. White denim



**jeans** are especially popular and mix perfectly with bright colors, black, metallic or more white layers.

**5. The LWD** (little white dress) is a modern substitute for the LBD.

**6. Classic white-rimmed sunglasses** are very fresh and chic.

**7. White loafers or oxfords** are both retro and modern at the same time. Great with a rolled up jean or a trouser, they add spunk to your outfit.

**8. Wearing a column of white** is super sleek. Start with white pants and a white top and then throw any colored "third piece" over your long silhouette.

a bold print. Explore bathing suits and/or cover-ups in eye-catching prints: graphic, animal, floral, tropical.

#### **Don't forget the extras**

These are the things that make you feel dressed. Sunglasses, big tote bag, the cover up, the accessories, and the shoes are part of the complete ensemble. Make sure all the pieces relate and harmonize with each other.

#### **What to wear if you're at the pool but not swimming**

If you are not splashing in the water, you are making a splash in your outfit. Look for a relaxed floral or striped dress that comes to above-the-knee or the ankle. Consider wearing a tunic over a white jean or a linen pant, or even white Bermuda length shorts.

#### **Focus on fabrics**

Warm weather fabrics to choose from are cotton, linen, lace, eyelet, seersucker, or Indian silk. Straw is perfect for your bag, hat or wedge sandal.

#### **One bold move is all you need**

If you prefer wearing neutral colored separates, all you need to make your poolside entrance is one bold accessory. Consider the wide brimmed floppy hat, a generous lightweight infinity scarf, or a metallic heeled sandal.

#### **Sunglasses are the must-have accessories**

Protect your face and don't be afraid to let your sunglasses be the main event. Choose from aviator, cat eye, oversized, or round frames. Don't be afraid to wear colored frames.

#### **Still scared?**

Call me! Let me help you select a flattering bathing suit and accessorize it. I'd love to help you create your best poolside outfits so you can feel confident.

### **COMPLIMENTARY CHAT**

Sometimes you may feel that you are in a fashion rut or that you are looking frumpy and it is time to look more up-to-date. You may not have much time nor inclination to figure out how to put together items you already have in your closet in a new way.

Choose a jacket, sweater, or cardigan in your favorite neutral or pop of color.

**9. A dress in lace or eyelet** is feminine. Toughen it up with a jean jacket or a motorcycle jacket and boots for some feminine/masculine contrast.

**10. Layer whites** together from the waist up. A sheer loose white tunic with a white tank underneath is fresh.

Being busy doesn't always allow you time for shopping. Or, perhaps you don't know where to shop to maximize your dollar.

Wouldn't it be helpful to have an expert who can help you with all of this? If you are ready to take some action, schedule a free initial conversation with me by [clicking here](#) and we can explore your challenges and goals.

[More About Me](#)

### Archives of Prior Editions of Uniquely You

All of my previous newsletters, with all of my articles, tips and items of interest, are archived on my website [here](#).

Join Our Mailing List!



Visit my blog

Like me on  
Facebook 

Follow me on  
twitter

View my profile on  
Linked 