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UNIQUELY YOU

My Edits on the Fall Trends Fall/Winter 2012

Dear Orene,

I am back from Africa and we had a wonderful time. We saw all of the "Big Five" -- lion, African elephant, cape buffalo, leopard and rhinoceros, including lots of lion cubs, baby elephants, baby buffalo and other baby animals. We went to two different Masaai villages and bought beaded necklaces. The Masaai women wear so much jewelry - it is quite a fashion statement, particularly the earrings!



I have some news. I was the stylist for the feature article and cover of California Educator Magazine, September 2012, titled, "*Dressing for Success on a Budget*". They gave me four teachers of every body type and style, and asked me to dress them. Here is a quote by me in the article: "To start with, I asked them their likes, dislikes, interests and teaching approach," says Kearn, a certified image consultant. "I wanted them to take away more than just an outfit from this experience. I wanted them to take away knowledge about the kinds of styles that work well for each one of them. I wanted them to feel good about themselves, and I wanted their outside to match how wonderful they are on the inside. I think that was accomplished."



Dress for success...

on a budget!

By Sherry Posnick-Goodwin
Photos by Scott Buschman

Here is the big fall/winter fashion issue. I am including my edits and takes on the trends. Please let me know what you think.

Enjoy!
Orene

12 Accessories to Adore and Adorn

The Brooch

Look through your grandmother's old jewelry stash for this piece. A jeweled or metallic brooch can add

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glamour to a black simple top. Wear a brooch on a trench or peacoat for a feminine look or pin one on a handbag to add a little dazzle.

The Cloche Hat

Cloche hats are a fun new trend that will absolutely save you on a bad hair day. Wear a cloche hat as an ode to the 1920s and old Hollywood era.



The Choker

Want to bring attention to your neck? A bold choker will definitely do the trick. Find one in a heavy edgy metal or a simple sophisticated ribbon. If your neck isn't your favorite body part, this is a trend you'll want to skip.

The Statement Necklace

Statement necklaces are dramatic and bold. Add one on top of a crisp blouse for an artsy look or bring the drama to a dress by adorning it with a showstopper of a necklace.

The Knit Stole

Add a layer of extra warmth

Be the First to Know Fall's Fashion Rules

Black is the new black.

In seasons past, many other colors have claimed to be the new go-to color that everyone needs or wants in their wardrobe. This year, although there are strong beautiful colors in fall/winter fashion, black has reclaimed its glory and many designers chose it for their collections.

Argument for: Colorists may say black is devoid of color, yet it provides instant elegance, intrigue, and polish so easily. Black clothing pieces can look expensive even when they aren't.

Argument against: Some say that wearing black means selling out or buying into the idea that the color will make you look slimmer. Maybe it does, but if black is not a color that makes you look vital, alert, and energized, then you shouldn't be in it even if fashion calls it "in."

This is the year for fancy pants.

Women this year will be encouraged to wear their shiny, colorful silk pants for daytime. Also in the running are pants made from brocade fabrics, metallic fabrics, or colorful printed silks. Even beaded pants are popular.



Argument for:

Anything that gets people out of their yoga pants is a good thing. Wearing a fanciful pant during the day or the evening is a great turn for fashion.

by layering a knitted stole on top of your outer layer. This will be a cozy look for fall.

The Jeweled Belt

Jewels are all the rage this season, but why not add more? A thin, jeweled belt will bring attention to your waist. Pair with a long sleeve maxi dress for a glamorous look.

The Glove

Long gloves in velvet or sateen will dress up any outfit; try a pair in periwinkle blue. For more depth, add a watch over the glove. Going for a sleek look? Short leather gloves that fall below the wrist are delicate and edgy all in one.

The Oxford

For a masculine look this season, oxfords are great paired with a pantsuit. For a more feminine look, try a heeled



oxford.

The Pointy Toe

The round toe is taking a back seat to the pointy toe. This might create a higher level of

Argument against: If your hips and thighs provide fit challenges for you, you may want to opt out of this trend.

Clutch bags are fashionable but so are clutch coats.

Coats devoid of zippers, buttons, toggles or snaps are elegant and luxurious.

Argument for: It's glamorous, maybe even a little frivolous, but it's demonstrating your style edge to have this choice in your closet.

Argument against: With no closures, you need one hand to hold your coat closed, leaving you only one hand for holding groceries, someone else's hand or to grab for an elevator. Two hands are better than one.

Volume in clothing has increased dramatically.

Coats, pants, jackets and sweaters have gotten bigger and bigger and bigger.

Argument for: People who have hated the skinny or shrunken periods of fashion will rejoice now that more body parts are covered and less focus is on the dimensions of your bust, waist and hips.

Argument against: If you have a nice figure, too much volume disguises it. Rather than wearing your clothes, your clothes could seem like they're wearing you.



What about a modified version of this?

Jeweling on dresses, tops and jackets pushes aside the need for a statement necklace.

There's lots of bedazzling going on in the fashion world. From small to medium to very, very large, jewels come already attached. You're sure to get the accessories right because they're sewn into the garment themselves.

discomfort paired with a higher level of drama! (Unless you have pointy feet like I have.)

The Strappy Heel

An ankle strap can add a bit more sex appeal to the already flirty heel. Double up the strap for more glamour and more foot security. Or go with the classic Mary Jane strapped heel with this seasons full skirt for a sweeter look.

The Bootie

This fall there will be shorter booties with a chunkier heel or a platform. These easier-to-walk-in booties can be paired with a narrow pant or with a skirt and leggings.

The Clutch

Clutches have attitude. From rocker to aristocratic to glam to creative, find your favorite. Choose one with fur, studded details, embossed reptile, patchwork, or jeweled. Let your clutch be your statement piece.

The Handbag

The doctor or framed handbag are great in rich fall tones like burnt orange, forest green, or deep purple. For a bag with more curves, try a bowler bag.

Argument for: If you're uncomfortable picking out jewelry to wear with outfits, these clothing items come jeweled already and dressing is easy. Just add shoes and hose.

Argument against: These items aren't great for multiple wearings as they are so recognizable. Statement necklaces might be the better choice. When you find necklaces that are suited to your coloring, scale and lifestyle, they can be used with different outfits all year round while jeweled clothing items may be great for just one season.

Gowns have sleeves

Many designers decided to cover more skin in dressier gowns and cocktail dresses with higher necks and long sleeves.

Argument for: Sleeveless gowns require a wrap, especially if a woman isn't keen on showing her arms. These wraps are hard to shop for and sometimes cover up the beautiful lines and details of the dress. Long sleeves are part of the design of the dress and don't require extra items to look complete.

Argument against: If you've invested lots of effort into sculpting your arms, you might want to wear last year's gowns.

Seven Fall Fashion Highlights Done Five Ways

Glitz and glam 5 ways

1. Sequined black trousers don't have to be saved for your New Year's attire. Pair these pants with a black jacket, black t-shirt, and black pointy-toed heels and sparkle throughout the fall/winter season.
2. Going to any glamorous black tie events? Slip on a metallic, shimmery long dress and minimal jewelry for an ultra chic look.
3. Pearls are going beyond the accessories. Wear a pearl-embellished blouse over a skinny pant and add a gold pump.

Archives of Prior Editions of Uniquely You

All of my previous newsletters, with all of my articles, tips and items of interest, are archived on my website [here](#).

COMPLIMENTARY CHAT

Sometimes you may feel that you are in a fashion rut or that you are looking frumpy and it is time to look more up-to-date. You may not have much time nor inclination to figure out how to put together items you already have in your closet in a new way. Being busy doesn't always allow you time for shopping. Or, perhaps you don't know where to shop to maximize your dollar.

Wouldn't it be helpful to have an expert who can help you with all of this? If you are ready to take some action, schedule a free initial conversation with me by [clicking here](#) and we can explore your challenges and goals.

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4. Choose to wear a brocade pant but make sure to pair it with a very simple top.
5. Wear a long sleeved shift jewel-embellished dress with colored tights and pumps.

Prints and patterns 5 ways

1. A Scottish plaid is great in a peacoat, full pantsuit or in a scarf.



2. Silk prints with faux images of cable knit are irreverent in a fun way for tops or dresses.
3. Wear an Asian print in a narrow pant with a white silk shirt and black blazer.
4. Try a picture print - cathedral stained glass, classic art pieces - in a skirt or dress.
5. Moderate-sized floral prints in a pencil skirt or a pant will remind you of lush summer gardens.

Fabrics 5 ways

1. Classic tweed is great in a pantsuit or in a straight-legged pant.
2. Velvet is luxurious in a long-sleeved dress worn to the knee.
3. A lace cotton T-shirt is a simple layering piece and will add sophistication to any casual outfit.
4. Try a bulky cable knit sweater vest over a long sleeved shirt. Add leggings and a boot for an easy and comfortable outfit.
5. Brocade fabrics are okay to wear in the daytime. Try them in a skirt suit, a pant or a jacket.

Pants 5 ways

1. This season's narrow pant is a great basic for sweaters, blouses or jackets.

2. Jodhpurs are not just for equestrians. Wear a pair with a silk ruffled blouse and a blazer to create a perfect mix of masculine and feminine elements.
3. Iridescent silk pants, once evening-only attire, are now a choice for daytime.
4. Pantsuits are plentiful. Go for a monochromatic one or a patterned one. Or try one that uses the same color but different fabrics for the jacket and the pant.
5. Split up your pantsuits. For example, wear a black jacket with patterned bottoms or black bottoms and a patterned jacket.

Metallics 5 ways

1. Wear a gold lamé blazer with a simple black pencil skirt, tights and ankle strap pumps.
2. A polished gold pant will be the showstopper when paired with neutrals.
3. Show your femininity in a gold dust colored top in a fluid fabric.
4. If you're going to a fancy event, consider a burnished gold floor-length gown.
5. A classic pump in gold can be the polish to any outfit, whether it's formal or funky.

Coats 5 ways

1. Get ready for a shearling coat that's smooth on the outside and fuzzy on the inside.
2. Oversized coats leave room for bulky sweaters underneath.
3. Try a fitted coat that stops at the knee in a classic camel.
4. Peacoats are plentiful. Try one in tweed, in a plaid print, in brights or in neutrals.



5. Fit in with the Royal Family with a fancy brocade coat, perfect for grand entrances.

Fur or Faux Fur 5 ways

1. Fur sleeves on a dress are a modern twist this year. Try this look with simple accessories and a classic heel.
2. A fur purse or clutch can be a great accessory for date night.
3. Need to add some old-fashioned glamour to your evening wear? Throw a fur or faux fur stole over your shoulders.
4. A coat with a collar lined in fur will add warmth in the winter.
5. Wear a fur-trimmed bootie with tights and a skirt.

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